

Overnight Activities (Outdoor Sleeping)

Packing List

This is a suggested list, please modify to fit the needs of your troop



Clothes

- ☐ Short sleeve shirts or t-shirts* (shoulders should be covered)
- ☐ Long sleeve shirt
- ☐ Shorts*
- ☐ Jeans or long pants* (required for horseback riding)
- ☐ Closed toe shoes (1 pair)
- ☐ Socks*
- ☐ Sweatshirt or hoodie
- ☐ 1-2 pairs warm pajamas
- ☐ 1 warm hat/beanie
- ☐ 1 bathing suit
- ☐ 1 hat with brim (i.e. ball cap)
- ☐ Underwear* (panties, bras, undershirts)
- ☐ 1 warm jacket/coat
- ☐ 1 raincoat with hood

**Pack as many as needed for the duration of your trip and personal hygiene.*

Toiletries

- ☐ Toothbrush, floss, and toothpaste
- ☐ Hairbrush and comb
- ☐ Face washcloth and bath towel
- ☐ Pads and/or tampons
- ☐ Medications
(Include all prescribed medication, please pack in a separate bag labeled with camper name, age and dates—can be stored in vehicles and under supervision of caregiver/adult/troop leader)

**We recommend bringing soap, shampoos, lotions, etc. that have a light scent. Products with heavy scents attract bugs.*

Bedding

- ☐ Pillow
- ☐ Sleeping bag (not slumber bag)
- ☐ Sleeping mat or air mattress
- ☐ Air pump for mattress
- ☐ 1-2 extra blankets
- ☐ Stuffedie or comfort item (optional)

Not Required, but Nice to Have

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| <input type="checkbox"/> Book | <input type="checkbox"/> Phone charger |
| <input type="checkbox"/> Journal and Pens | <input type="checkbox"/> Water/Wet Shoes |
| <input type="checkbox"/> Coloring book or activity book | <input type="checkbox"/> Badgework or troop project |
| <input type="checkbox"/> Friendship bracelet thread | <input type="checkbox"/> Printed driving directions |
| <input type="checkbox"/> Situpons or camp chairs | <input type="checkbox"/> SWAPS/SWAP making supplies |
| <input type="checkbox"/> Laundry bag | <input type="checkbox"/> Baby wipes |
| <input type="checkbox"/> Wristwatch | <input type="checkbox"/> Disposable camera |
| <input type="checkbox"/> Troop shirt or sweatshirt/bandana/Uniform vest or sash | <input type="checkbox"/> Biodegradable dish soap and bleach or sanitizer tablets |
| <input type="checkbox"/> Printed driving directions | <input type="checkbox"/> Portable battery pack |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Letter writing materials (self addressed with stamps) |
| <input type="checkbox"/> Outdoor necessities (pocket knife, fanny pack, compass, etc.) | |

Additional Items

- ☐ Insect repellent (recommend 30%+ DEET)
- ☐ Lip balm
- ☐ Backpack or day pack
- ☐ Kleenex
- ☐ Reusable water bottle (recommend 12oz+)
- ☐ Flashlight or headlamp (fresh batteries)
- ☐ Sunscreen
- ☐ Troop paperwork (permission forms, health forms)
- ☐ Mess kit or dish set (dollar store plastic plates, cups and cutlery work great!)
- ☐ Tents (including stakes, rain fly etc.)
- ☐ Ground tarps