## Troop Camp at Camp Fleming Packing List <br> girl scouts <br> heart of central california

This is a suggested list, please modify to fit the needs of your troop

## Clothes

$\bigcirc$ Short sleeve shirts or t-shirts*
(shoulders should be covered)
O Long sleeve shirt
Shorts*
$\bigcirc$ Jeans or long pants*
(required for horseback riding)
Closed toe shoes (1 pair)
Socks*
Sweatshirt or hoodie
1-2 pairs warm pajamas
1 warm hat/beanie
1 bathing suit
1 hat with brim (i.e. ball cap)
Underwear* (panties, bras, undershirts)
1 warm jacket/coat
○ 1 raincoat with hood
*Pack as many as needed for the duration of your trip and personal hygiene.

## Additional Items

Insect repellent (recommend 30\%+ DEET)

- Lip balm

O Backpack or day pack
O Kleenex
Reusable water bottle (recommend 12oz+)
Flashlight or headlamp (fresh batteries)
Sunscreen
$\bigcirc$ Troop paperwork
(permission forms, health forms)

## Bedding

$\bigcirc$ Pillow
Sleeping bag (not slumber bag)1-2 extra blanketsStuffie or comfort item (optional)

## Toiletries

Toothbrush, floss, and toothpaste
$\bigcirc$ Hairbrush and comb
Shampoo, conditioner, soap, lotion, and deodorant*
Flip-flops or water shoes (for showering)
1 beach towel
$\bigcirc$ Face washcloth and bath towel
Pads and/or tampons
$\bigcirc$ Medications
(Include all prescribed medication, please pack in a separate bag labeled with camper name, age and datescan be stored in Patch N' Go, or under supervision of caregiver/adult/troop leader)
*We recommend bringing soap, shampoos, lotions, etc. that have a light scent. Products with heavy scents attract bugs.

## Not Required, but Nice to Have

$\bigcirc$ Book
Journal and Pens
O Coloring book or activity book
$\bigcirc$ Friendship bracelet thread
$\bigcirc$ Situpons or camp chairs
$\bigcirc$ Laundry bag
Wristwatch
$\bigcirc$ Troop shirt or sweatshirt/bandana/ Uniform vest or sash
$\bigcirc$ Printed driving directions
Sunglasses
$\bigcirc$ Outdoor necessities (pocket knife, fanny pack, compass, etc.)

Phone charger
Water/Wet Shoes
O Badgework or troop project
$\bigcirc$ Printed driving directions
O SWAPS/SWAP making supplies
Baby wipes
Disposable camera
O Portable battery pack


