

# Troop Camp at Camp Menzies

# Packing List



This is a suggested list, please modify to fit the needs of your troop

## Clothes

- ☐ Short sleeve shirts or t-shirts\* (shoulders should be covered)
- ☐ Long sleeve shirt
- ☐ Shorts\*
- ☐ Jeans or long pants\* (required for horseback riding)
- ☐ Closed toe shoes (1 pair)
- ☐ Socks\*
- ☐ Sweatshirt or hoodie
- ☐ 1-2 pairs warm pajamas
- ☐ 1 warm hat/beanie
- ☐ 1 bathing suit
- ☐ 1 hat with brim (i.e. ball cap)
- ☐ Underwear\* (panties, bras, undershirts)
- ☐ 1 warm jacket/coat
- ☐ 1 raincoat with hood

\*Pack as many as needed for the duration of your trip and personal hygiene.

## Additional Items

- ☐ Insect repellent (recommend 30%+ DEET)
- ☐ Lip balm
- ☐ Backpack or day pack
- ☐ Kleenex
- ☐ Reusable water bottle (recommend 12oz+)
- ☐ Flashlight or headlamp (fresh batteries)
- ☐ Sunscreen
- ☐ Troop paperwork (permission forms, health forms)

## Bedding

- ☐ Pillow
- ☐ Sleeping bag (not slumber bag)
- ☐ 1-2 extra blankets
- ☐ Stuffedie or comfort item (optional)

## Toiletries

- ☐ Toothbrush, floss, and toothpaste
- ☐ Hairbrush and comb
- ☐ Shampoo, conditioner, soap, lotion, and deodorant\*
- ☐ Flip-flops or water shoes (for showering)
- ☐ 1 beach towel
- ☐ Face washcloth and bath towel
- ☐ Pads and/or tampons
- ☐ Medications  
(Include all prescribed medication, please pack in a separate bag labeled with camper name, age and dates—can be stored in Patch N' Go, or under supervision of caregiver/adult/troop leader)

\*We recommend bringing soap, shampoos, lotions, etc. that have a light scent. Products with heavy scents attract bugs.

## Not Required, but Nice to Have

- ☐ Book
- ☐ Journal and Pens
- ☐ Coloring book or activity book
- ☐ Friendship bracelet thread
- ☐ Situpons or camp chairs
- ☐ Laundry bag
- ☐ Wristwatch
- ☐ Troop shirt or sweatshirt/bandana/Uniform vest or sash
- ☐ Printed driving directions
- ☐ Portable battery pack
- ☐ Mess kit or dish set (dollar store plastic plates, cups, and cutlery work great!)
- ☐ Phone charger
- ☐ Water/Wet Shoes
- ☐ Badgework or troop project
- ☐ Printed driving directions
- ☐ SWAPS/SWAP making supplies
- ☐ Baby wipes
- ☐ Disposable camera
- ☐ Outdoor necessities (pocket knife, fanny pack, compass, etc.)
- ☐ Cash, card or checks for Trading Post
- ☐ Sunglasses
- ☐ Letter writing materials (self addressed envelopes with stamps)