

Dear Girl Scout Juliette,

Whether you have chosen to register as a Girl Scout individually while waiting for a troop placement or because this flexible membership pathway fits your lifestyle best we want to ensure that you have every opportunity to enjoy Girl Scout membership to its fullest. There are no limits to what you can do as a Girl Scout.

No matter what you are interested in: learning new games, arts and crafts, song and dance, or visiting new places, in Girl Scouting, you can do it all! Now that you are a registered Girl Scout Juliette, here's a terrific "how to guide" made especially for you to begin exploring all that Girl Scouts has to offer.

Girl Scouts strives to build girls of courage, confidence and character, who make the world a better place. The New Girl Scout Leadership Experience engages girls in discovering themselves, connecting with others, and taking action to make the world a better place.

The Girl Scout program can change the way girls see the world and their place in it. Through Girl Scouting, girls learn the importance of personal responsibility, the value of goal setting, the spirit of teamwork, and the thrill of accomplishment. The Girl Scout program is based on the Girl Scout Promise, the Girl Scout Law and the three Girl Scout Leadership Keys and their outcomes.

Over the next months you will hear from us periodically regarding the many activities you have to choose from, however, do not hesitate to call or e-mail the Girl Scout Juliette program specialist should you have any questions, concerns, or requests. We look forward to talking to you.

Yours,

Girl Scouts Heart of Central California (GSHCO)

## GIRL SCOUT SIGN



### The Girl Scout Promise

On my honor, I will try:  
To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law

### The Girl Scout Law

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place, and  
be a sister to every Girl Scout

The Girl Scout Promise and Law are said by every member of the organization. The Girl Scout sign is made with the right hand when saying the Girl Scout Promise.

# WELCOME

GIRL SCOUT JUNIOR • GRADES 4-5

# THE NEW GIRL SCOUT LEADERSHIP EXPERIENCE

## KEY

## OUTCOME

### DISCOVER

- Girls develop a strong sense of self.
- Girls develop positive values.
- Girls gain practical life skills.
- Girls seek challenges in the world.
- Girls develop critical thinking.

### CONNECT

- Girls develop healthy relationships
- Girls promote cooperation and team building
- Girls resolve conflicts
- Girls advance diversity in a multicultural world.
- Girls feel connected to their communities, locally and globally.

### TAKE ACTION

- Girls can identify community needs.
- Girls are resourceful problem solvers.
- Girls advocate for themselves and others, locally and globally
- Girls educate and inspire others to act.
- Girls feel empowered to make a difference in the world.



## OPPORTUNITIES FOR ALL GIRL SCOUTS

All Girl Scouts can choose to participate in as many different Girl Scout activities as they wish. This list will give you an idea of the opportunities available and where to get more information.

### PROGRAM EVENTS

These events are offered by the GSHCC program department to further a girl's experiences in making new friends, gaining abilities, and enjoying learning outside of school. Girl Scout Juliettes can register to attend these events as long as an adult is available to attend with them. Event descriptions and details can be found in the Girls Scouts Heart of Central California Events Calendar. If you haven't yet received an event calendar and would like a hard copy, please use the enclosed postcard to request one. The full event calendar is also available online on our Web site: [www.girlscoutshcc.org](http://www.girlscoutshcc.org). Registration forms are found in the book or registration can be done online. Be sure to register before the billing date since many programs fill rapidly. Financial aid is available and forms can be found in the event calendar or online.

### HORSE PROGRAMS

Girl Scouts HCC owns out own horses and provides program in different parts of the council for Girl Scout Brownies and above. Additional information about these programs and specific dates may be found on our Web site.

### SPECIAL EVENTS

During the year there are additional opportunities or special registration events hosted by collaborating organizations such as the Monarchs, Sun Splash, Stockton Ports, Modesto Nuts and many more places. Details and registration forms for these added events can be found in the Programs & Events section of our Web site under Special Events.

### PRODUCT PROGRAMS

Information will be mailed to Girl Scout Juliettes in September for the fall product program, which takes place during the month of October. This includes the sale of nuts, chocolates, and magazine subscriptions. The Girl Scout Cookie program information will be mailed to Girl Scout Juliettes in early December. The Girl Scout Cookie program takes place January through March.

### CAMPS

The Resident Camp Brochure listing all the "sleep away" camp opportunities for our council will be mailed in January. All Girl Scouts register individually for camp. Girl Scouts that will be entering second grade, or above, can choose to attend 3-10 day sessions at our resident camp. Resident Camp registration opens February 1st. The Day Camp Brochure listing all the day camp and twilight camp opportunities for the council will be mailed in February. Girl Scouts can attend a day camp near their home of several days to a week in length. Day Camp registration opens on March 1st.

### COLOR GUARD

Girl Scout Brownies and above are invited to join the Girl Scouts Heart of Central California Color Guard. Girls Participate in Color Guard on an individual bases as their schedule allows. The first step to joining the GSHCC Color Guard is attending the Program Event, "Color Guard Attention." The Program description, dates and locations can be found in the Girl Scouts Heart of Central California Events Calendar.

### COMMUNITY SERVICE

Sharing with others and giving back to the community is an important part of the Girl Scout program. Girls that are interested in finding out about local community service opportunities can mark the "Let Me know" box on the reply card

### SERVICE UNIT EVENTS

The council is organized into smaller local communities called service units. Each service unit has a monthly leaders meeting to inform leaders and other adults working with Girl Scouts of what is happening and as a place to get support from others. Individual Service Units sometimes hold special volunteer run events for girls in their area. To find out about leader's meetings or special events in your area, mark the "Let Me Know" box on the enclosed reply card.

### GIRL SCOUT WEB SITE FOR GIRLS ONLY

Visit [www.GoGirlsOnly.org](http://www.GoGirlsOnly.org) Girls Only is a fun and exciting Web site for girls 5-12. Brought to you by Girl Scouts of the USA, the site is a safe place for girls to play games, take quizzes, ask questions, share their favorite stories, or send e-cards to friends and family. Updated regularly and designed with girls' interests in mind, Girls Only gives girls a chance to express themselves and explore new ideas in a secure, fun environment.

# JUST FOR GIRL SCOUT JUNIORS

Girl Scout Juniors can earn a wide variety of badges and other awards including the NEW "It's Your World—Change It!" Journey Series "Agent of Change." They can also earn the Girl Scout Bronze Award and the Bridge to Girl Scout Cadettes Award. Below is information on the resources available to guide Advisors and girls through the Girl Scout Junior program.

## JUNIOR GIRL SCOUT LEADER GUIDE BOOK

Parents or other adult advisors will find this useful in helping to advise the Girl Scout Junior.

## JUNIOR GIRL SCOUT BADGE BOOK

This book presents 104 badges available for Girl Scout Juniors to earn. There is a list of ten activities per badge; she picks six that she would like to do to complete the badge.

## JUNIOR GIRL SCOUT HANDBOOK

This book assists girls in developing new skills and interests. It provides basic information to help them explore further what they are learning through their badge work and necessary information about earning the four Girl Scout Junior Signs, the Junior Aide Award, the Junior Girl Scout Leadership Award, the Girl Scout Bronze Award, and the Bridge to Girl Scout Cadettes Award.

## Girl Scout Bronze Award® - Highest Award for Junior Girl Scouts

This award requires girls to learn the leadership and planning skills necessary to follow through on a project that makes a positive impact on her community. Working towards this award demonstrates a commitment to helping others, serving the community and the world, and becoming the best she can be. Earning a Bronze Award is not a prerequisite for the Girl Scout Silver Award (for Girl Scouts 11-14) or the Girl Scout Gold Award (for Girl Scouts 14-17).

## Junior Girl Scout Leadership

This award offers girls an opportunity to develop her leadership skills as she gives service to her community.

## Junior Aide Award

This award offers girls an opportunity to develop leadership skills as they give service to their Girl Scout troop and the community.

## Signs

These four signs are based on the four program goals of Girl Scouts.

- **Sign of the Star** focuses on becoming the very best person you can be.
- **Sign of the Rainbow** focuses on learning to respect other people, build strong friendships, and to learn to understand and appreciate people who are different from you.
- **Sign of the Sun** focuses on building your own set of values that will help you make decisions and guide your actions.
- **Sign of the World** focuses on building leadership skills and to contributing to society by helping other people.

## Bridge to Girl Scouts Cadette

Moving from one Girl Scout level to another is called bridging. Girls can begin to bridge to Girl Scout Cadettes in their last year as a Girl Scout Junior.

## AGENT OF CHANGE

Power. In this journey, there's a whole spiral of it waiting for Girl Scout Juniors. This powerful journey is filled with ceremonies and circles, real-life heroines, and special new characters, including the fashion savvy spider named Dez. Along the way, girls learn how their own power combines into team power and then moves out to become community power (kind of like how Dez weaves her web from the inside out). The journey's centerpiece is a comic story of girl heroines who will inspire the real-life Girl Scout Juniors as they take action to improve their own community. Girl Scout Juniors can earn three new awards over this journey.

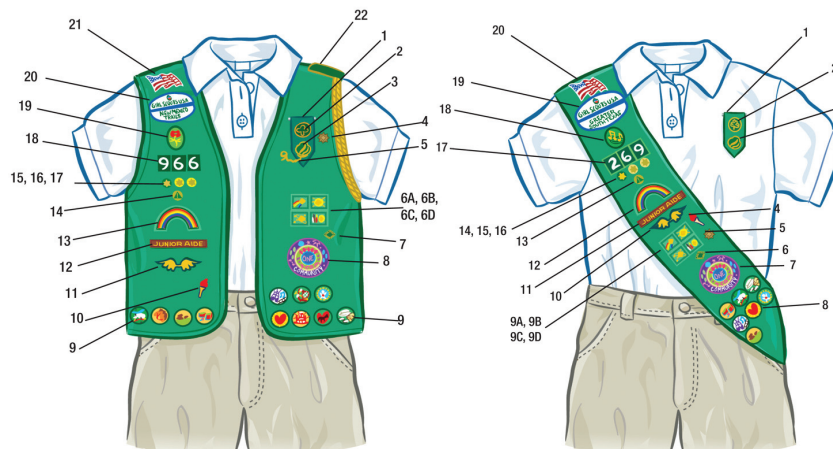
## RELIGIOUS AWARDS

Various religious groups, to encourage girls to grow stronger in their faith, have created religious awards. There are 26 different religious awards. Girl Scouts of the USA has approved these programs; however, each religious organization develops and administers its own program. More information can be found at [www.praypub.org](http://www.praypub.org).



# UNIFORMS

All Girl Scout Members wear the Membership Pin when participating in Girl Scout activities. Girl Scout Juniors wear the Girl Scout Membership Pin, showing they belong to Girl Scouts of the USA. This pin is worn on the left side of the Girl Scout Junior shirt or vest, centered above the heart or it can be placed on an insignia tab and worn in the same location. There are two styles of membership pin to choose from. Girl Scout Juniors may also wear the World Trefoil Pin, signifying their membership in a worldwide movement. Girl Scout Juniors can purchase uniforms with either a sash or vest to display Girl Scout Junior badges and other insignia. All Girl Scout members are entitled to wear the Girl Scout uniform; however, wearing the uniform is not required unless officially participating in ceremonies or officially representing the Girl Scout movement. Girl Scout Juniors can wear the Girl Scout Junior sash or vest over their clothes or purchase a variety of official Girl Scout Junior uniform components. Girl Scout badges, patches, awards, and other insignia that are earned for the accomplishment of skill-building activities or any set requirements should be presented, worn, and/or displayed only after Girl Scouts have completed the requirements outlined in the appropriate program materials.



Girl Scout Juliettes wear the Juliettes Emblem. The Juliettes Emblem is worn on the sash or vest where troop numbers ordinarily would be. Information on how to wear official insignia can be found in the Girl Scout Catalog or at [www.girlscouts.org/program/gc\\_central/insignia/](http://www.girlscouts.org/program/gc_central/insignia/).

## WHERE TO GET GIRL SCOUT RESOURCES AND GIRL SCOUT GEAR

The resource books, uniform pieces and great Girl Scout Gear can be purchased online at [www.girlscoutshcc.org](http://www.girlscoutshcc.org) or at one of our Girl Scout Shops:

### GIRL SCOUT SHOP

3110 Gold Canal Drive  
 Rancho Cordova, CA 95670  
 Hours: Monday - Saturday: 10AM - 6PM  
 Phone (800) 578-0276 or (916) 669-3232  
 Fax (916) 669-3233  
 E-mail: [girlscoutshop@girlscoutshcc.org](mailto:girlscoutshop@girlscoutshcc.org)

### MODESTO OFFICE AND ON-SITE SHOP

3621 Forest Glenn Drive  
 Modesto, CA 95355  
 Hours Monday - Friday: 10am - 5:30pm  
 First and Second Saturdays: 10am - 1pm  
 Phone (209) 522-9001 or (800) 834-9899  
 Fax (209) 522-9036

## RECEIVING EARNED GIRL SCOUT AWARDS

The council provides earned awards to Juliettes just as troop leaders would provide awards to girls in their troop. In order to receive your earned awards send an e-mail to [juliettes@girlscoutshcc.org](mailto:juliettes@girlscoutshcc.org) or letter to Girl Scouts Heart of Central California- Main Office 3005 Gold Canal Drive, Rancho Cordova, CA 95670 Attn: Juliette Program Specialist

### Including:

- Your full name
- Your Girl Scout Grade Level
- The name of the award you earned
- A write up of what requirements, specific activities you did to complete the award.

All awards will be sent through the mail. We do not provide membership stars, participation or fun patches, uniform parts or Girl Scout books; you can apply for financial aid if purchasing them is a financial hardship for you. You can purchase these items at one of our Girl Scout Shops or online at <http://www.girlscoutshcc.org>.

## A STAFF MEMBER, JUST FOR YOU

If you have questions, need help or have completed the requirements for an award, please contact the Girl Scout Juliette Program Specialist at:  
 916.638.4475 • 800.322.4475 • [juliettes@girlscoutshcc.org](mailto:juliettes@girlscoutshcc.org).

To learn more about the Girl Scout program and upcoming events, visit our Web site at [www.girlscoutshcc.org](http://www.girlscoutshcc.org)