



GIRL SCOUT SIGN

Dear Girl Scout Juliette,

Whether you have chosen to register as a Girl Scout individually while waiting for a troop placement, or because this flexible membership pathway fits your lifestyle best, we want to ensure that you have every opportunity to enjoy Girl Scout membership to its fullest. There are no limits to what you can do as a Girl Scout.

No matter what you are interested in: learning new games, arts and crafts, song and dance, or visiting new places, in Girl Scouting, you can do it all! Now that you are a registered Girl Scout Juliette, here's a terrific "how to guide" made especially for you to begin exploring all that Girl Scouts has to offer.

Girl Scouts strives to build girls of courage, confidence and character, who make the world a better place. The New Girl Scout Leadership Experience engages girls in discovering themselves, connecting with others, and taking action to make the world a better place.

The Girl Scout program can change the way girls see the world and their place in it. Through Girl Scouting, girls learn the importance of personal responsibility, the value of goal setting, the spirit of teamwork, and the thrill of accomplishment. The Girl Scout program is based on the Girl Scout Promise, the Girl Scout Law and the three Girl Scout Leadership Keys and their outcomes.

Over the next months you will hear from us periodically regarding the many activities you have to choose from, however, do not hesitate to call or e-mail the Girl Scout Juliette program specialist should you have any questions, concerns, or requests. We look forward to talking to you.

Yours,
Girl Scouts Heart of Central California (GSHCO)

The Girl Scout Promise

On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law

The Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout

The Girl Scout Promise and Law are said by every member of the organization. The Girl Scout sign is made with the right hand when saying the Girl Scout Promise.

WELCOME

GIRL SCOUT JUNIOR • GRADES 4-5



THE NEW GIRL SCOUT LEADERSHIP EXPERIENCE

KEY

OUTCOME

DISCOVER

- Girls develop a strong sense of self.
- Girls develop positive values.
- Girls gain practical life skills.
- Girls seek challenges in the world.
- Girls develop critical thinking.

CONNECT

- Girls develop healthy relationships
- Girls promote cooperation and team building
- Girls resolve conflicts
- Girls advance diversity in a multicultural world.
- Girls feel connected to their communities, locally and globally.

TAKE ACTION

- Girls can identify community needs.
- Girls are resourceful problem solvers.
- Girls advocate for themselves and others, locally and globally
- Girls educate and inspire others to act.
- Girls feel empowered to make a difference in the world.



OPPORTUNITIES FOR ALL GIRL SCOUTS

All Girl Scouts can choose to participate in as many different Girl Scout activities as they wish. This list will give you an idea of the opportunities available and where to get more information.

PROGRAM EVENTS

These events are offered by the GSHCC program department to further a girl's experience in making new friends, gaining abilities, and enjoying learning outside of school. Girl Scout Juliettes can register to attend these events as long as an adult is available to attend with them. Event descriptions and details can be found on our Web site: www.girlscoutshcc.org. New events are added regularly. Registration may be done online or you may print a registration form from our Web site which can be mailed or faxed. You may also request a hard copy of the registration form. Be sure to register before the billing date since many programs fill rapidly. Financial aid is available and forms can be found online or you may request a copy.

HORSE PROGRAMS

Girl Scouts HCC owns our own horses and provides program in different parts of the council for Girl Scout Brownies and above. Additional information about these programs and specific dates may be found on our Web site.

SPECIAL EVENTS

During the year there are additional opportunities for special registration events hosted by collaborating organizations such as Raging Waters, Sacramento Kings, Modesto Nuts, Stockton Ports, and many more places. Details and registration forms for these added events can be found in the Program & Events section of our Web site under Special Events.

PRODUCT PROGRAMS

Information will be mailed to Girl Scout Juliettes in September for the fall product program, which takes place during the month of October. This includes the sale of nuts,

chocolates, and magazine subscriptions. The Girl Scout Cookie program information will be mailed to Girl Scout Juliettes in early December. The Girl Scout Cookie program takes place January through March.

CAMPS

The Resident Camp Brochure listing all the "sleep away" camp opportunities at our council's Resident Camp, Camp Menzies, will be mailed in January. All Girl Scouts register individually for camp making it a great place to make new Girl Scout friends. Girl Scouts that will be entering second grade, or above, can choose to attend 3-10 day sessions at our resident camp. Resident Camp registration opens February 1st.

The Day Camp information listing the day camp, twilight camp and Service Unit run resident camp opportunities for the council will be posted on our Web site in February and an informational email will be sent. Girl Scouts can attend a day camp near their home for several days to a week in length. Day Camp registration opens on March 1st.

COLOR GUARD

Girl Scout Brownies and above are invited to join the Girl Scouts Heart of Central California Color Guard. Girls participate in Color Guard on an individual bases as their schedule allows. The first step to joining the GSHCC Color Guard is attending the Program Event, "Color Guard Attention." The program description, dates and locations can be found in the Girl Scouts Heart of Central California online Events Calendar.

COMMUNITY SERVICE

Sharing with others and giving back to the community is an important part of the Girl Scout program. Girls that are interested in finding out about local community service opportunities should check the council Web site for ideas.

SERVICE UNIT EVENTS

The council is organized into smaller local communities called service units. Each service unit has a monthly leaders meeting to inform leaders and other adults working with Girl Scouts of what is happening and as a place to get support from others. Individual Service Units sometimes hold special volunteer run events for girls in their area. To find out about leader's meetings or special events in your area, mark the "Let Me Know" box on the enclosed reply card.

GIRL SCOUT WEB SITE FOR GIRLS ONLY

Visit www.GoGirlsOnly.org Girls Only is a fun and exciting Web site for girls 5-12. Brought to you by Girl Scouts of the USA, the site is a safe place for girls to play games, take quizzes, ask questions, share their favorite stories, or send e-cards to friends and family. Updated regularly and designed with girls' interests in mind. Girls Only gives girls a chance to express themselves and explore new ideas in a secure, fun environment.

JUST FOR GIRL SCOUT JUNIORS

Girl Scout Juniors can earn a wide variety of badges and other awards including three Girl Scout Junior Journeys. They can also earn the Girl Scout Bronze Award and the Bridge to Girl Scout Cadettes Award. Below is information on the resources available to guide advisors and girls through the Girl Scout Junior program.

JUNIOR GIRL SCOUT LEADER GUIDE BOOK

Parents or other adult advisors will find this useful in helping to advise the Girl Scout Junior.

JUNIOR GIRL SCOUT BADGE BOOK

This book presents 104 badges available for Girl Scout Juniors to earn. There is a list of ten activities per badge; she picks six that she would like to do to complete the badge.

JUNIOR GIRL SCOUT HANDBOOK

This book assists girls in developing new skills and interests. It provides basic information to help them explore further what they are learning through their badge work and necessary information about earning the four Girl Scout Junior Signs, the Junior Aide Award, the Junior Girl Scout Leadership Award, the Girl Scout Bronze Award, and the Bridge to Girl Scout Cadettes Award.

Girl Scout Bronze Award® - Highest Award for Junior Girl Scouts

This award requires girls to learn the leadership and planning skills necessary to follow through on a project that makes a positive impact on her community. Working towards this award demonstrates a commitment to helping others, serving the community and the world, and becoming the best she can be. Earning a Bronze Award is not a prerequisite for the Girl Scout Silver Award (for Girl Scouts 11-14) or the Girl Scout Gold Award (for Girl Scouts 14-17).

Junior Girl Scout Leadership

This award offers girls an opportunity to develop her leadership skills as she gives service to her community.

Junior Aide Award

This award offers girls an opportunity to develop leadership skills as they give service to their Girl Scout troop and the community.

Signs

These four signs are based on the four program goals of Girl Scouts.

- **Sign of the Star** focuses on becoming the very best person you can be.
- **Sign of the Rainbow** focuses on learning to respect other people, build strong friendships, and to learn to understand and appreciate people who are different from you.
- **Sign of the Sun** focuses on building your own set of values that will help you make decisions and guide your actions.
- **Sign of the World** focuses on building leadership skills and to contributing to society by helping other people.

Bridge to Girl Scouts Cadette

Moving from one Girl Scout level to another is called bridging. Girls can begin to bridge to Girl Scout Cadettes in their last year as a Girl Scout Junior.

AGENT OF CHANGE

"This powerful journey is filled with ceremonies and circles, real-life heroines, and special characters, including the fashion savvy spider named Dez."

GET MOVING

In this journey fourth and fifth graders become leaders who energize, investigate and innovate as they explore their own energy, the energy of their places and spaces and the energy of getting from her to there. Girl Scout Juniors can earn three awards over this journey.

aMUSE

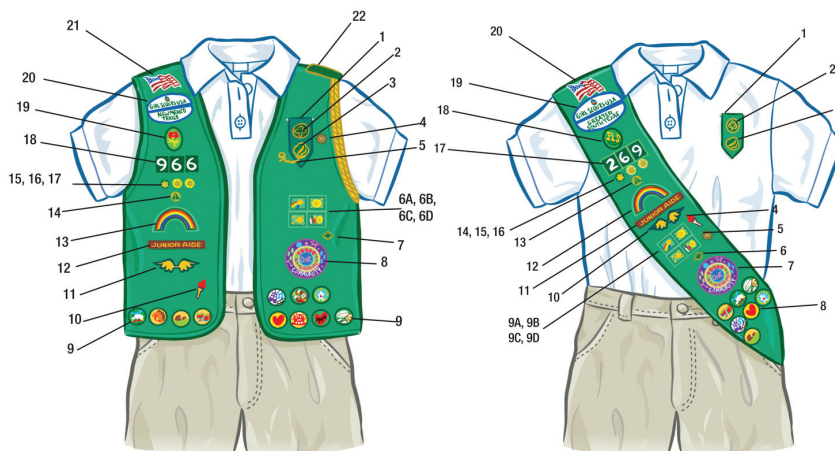
In the newest Journey (premiering December, 2010) Girl Scout Juniors learn just how many roles are open to them in the world and the possibilities those roles open for them.

RELIGIOUS AWARDS

Various religious groups, to encourage girls to grow stronger in their faith, have created religious awards. There are 26 different religious awards. Girl Scouts of the USA has approved these programs; however, each religious organization develops and administers its own program. More information can be found at www.praypub.org.

UNIFORMS

All Girl Scout Members wear the Membership Pin when participating in Girl Scout activities. Girl Scout Juniors wear the Girl Scout Membership Pin, showing they belong to Girl Scouts of the USA. This pin is worn on the left side of the Girl Scout Junior shirt or vest, centered above the heart or it can be placed on an insignia tab and worn in the same location. There are two styles of membership pin to choose from. Girl Scout Juniors may also wear the World Trefoil Pin, signifying their membership in a worldwide movement. Girl Scout Juniors can purchase uniforms with either a sash or vest to display Girl Scout Junior badges and other insignia. All Girl Scout members are entitled to wear the Girl Scout uniform; however, wearing the uniform is not required unless officially participating in ceremonies or officially representing the Girl Scout movement. Girl Scout Juniors can wear the Girl Scout Junior sash or vest over their clothes or purchase a variety of official Girl Scout Junior uniform components. Girl Scout badges, patches, awards, and other insignia that are earned for the accomplishment of skill-building activities or any set requirements should be presented, worn, and/or displayed only after Girl Scouts have completed the requirements outlined in the appropriate program materials.



Girl Scout Juliettes wear the Juliettes Emblem. The Juliettes Emblem is worn on the sash or vest where troop numbers ordinarily would be. Information on how to wear official insignia can be found in the Girl Scout Catalog or at www.girlscouts.org/program/gs_central/insignia/.

WHERE TO GET GIRL SCOUT RESOURCES AND GIRL SCOUT GEAR

The resource books, uniform pieces and great Girl Scout Gear can be purchased online at www.girlscoutshcc.org or at one of our Girl Scout Shops:

GIRL SCOUT SHOP

6601 Elvas Avenue
Sacramento, CA 95819
Hours: Monday - Saturday: 10AM - 6PM
Phone: (800) 578-0276 or (916) 452-9184
Fax: (916) 452-9185
E-mail: girlscoutshop@girlscoutshcc.org

MODESTO OFFICE AND ON-SITE SHOP

3621 Forest Glenn Drive
Modesto, CA 95355
Hours Monday - Friday: 10am - 5:30pm
First and Second Saturdays: 10am - 1pm
Phone: (209) 522-9001 or (800) 834-9899
Fax: (209) 522-9036

RECEIVING EARNED GIRL SCOUT AWARDS

The council provides earned awards to Juliettes just as troop leaders would provide awards to girls in their troop. In order to receive your earned awards send an e-mail to juliettes@girlscoutshcc.org or letter to Girl Scouts Heart of Central California-Program Center 6601 Elvas Avenue Sacramento, CA 95819 Attn: Juliette Program Specialist

Including:

- Your full name
- Your Girl Scout Grade Level
- The name of the award you earned
- A write up of what requirements, specific activities you did to complete the award.

All awards will be sent through the mail. We do not provide membership stars, participation or fun patches, uniform parts or Girl Scout books; you can apply for financial aid if purchasing them is a financial hardship for you. You can purchase these items at one of our Girl Scout Shops or online at <http://www.girlscoutshcc.org>.

A STAFF MEMBER, JUST FOR YOU

If you have questions, need help or have completed the requirements for an award, please contact the Girl Scout Juliette Program Specialist at:
916.452.9181 • 800.322.4475 • juliettes@girlscoutshcc.org.
To learn more about the Girl Scout program and upcoming events, visit our Web site at www.girlscoutshcc.org