



Life Skills• Daisy Badge Blueprint



Promise Center

Purpose of Petal:

When a Girl Scout earns the Promise Center, she will learn the Girl Scout Promise and what it means.

Supplies needed: Paper (white and/or colored), scissors, tape or glue, and supplies for drawing (i.e. crayons, markers, colored pencils)

Step 1: Learn about the Girl Scout Promise.

Open a conversation about the Girl Scout Promise as a Girl Scout Tradition. This is recited at the start of every meeting, and often when Girl Scouts get together.

Teach the girl(s) to make the Girl Scout Sign whenever the Girl Scout Promise and Law are recited. (Hold up your right hand with your three middle fingers touching and pointed up, while holding your thumb and pinky finger together across your palm).

Practice reciting the Girl Scout Promise by leading the girl(s) line-by-line: “Repeat after me...”

“On my honor...”

“I will try...”

“To serve God and my country...”

“To help people at all times...”

“And to live by the Girl Scout Law...”

Optional: Show a youtube video of Girl Scouts reciting the Promise and Law.

To expand the discussion, ask the girl(s) some questions, such as, “What does it mean to make a promise?”, “Why is it important to keep our promises?”, “What do the words ‘I will try’ mean?”, “Do you think these three parts of the promise are good to live by, why?”, etc..

** Members may substitute for the word God in accordance with their own spiritual beliefs.

Step 2: Get to Know your Fellow Daisies with a Game!

Have the girls write down some things about themselves, on a piece of paper. Ask them to write down things like: grade level, school, favorite color, pets, favorite movie, favorite place to go, favorite food, best vacation, etc. (anything you think might be fun to share).

Then have each girl share their list. While a girl is sharing, instruct the others girl to raise their hand if they have the same answer. Lead the girls in celebrating their similar and unique characteristics!

Step 3: Create a Personal Girl Scout Promise Piece of Art!

Have the girl(s) trace their hand on a sheet of paper, cut it out, and fold in the paper pinky finger and thumb to make the Girl Scout Sign. Have each girl tape, or glue, the paper Girl Scout Sign to another sheet of

paper. Each girl will then write the Girl Scout Promise on the sheet of paper next to the paper Girl Scout Sign (yes, they can get creative!). Instruct each girl to decorate the page as they would like. Now each girl has their own creative display of the Girl Scout Promise!

Congratulations! You have now earned the Promise Center!

Remember, the Volunteer Toolkit Online has more activities to explore and is a great resource for planning meetings.