Since 1978, Kovar’s Satori Academy of Martial Arts has worked closely with educators and organizations in the community. This five-week course focuses on character development, child safety and basic self defense. Sessions are held at Kovar’s Satori Academy of Martial Arts. Twice each week, students learn a variety of skills including goal setting and perseverance that will develop their confidence and bring out their very best at home, at school and in all areas of their lives.

Parent Comments

I can’t thank you enough! My daughter’s work habits are much better now and we love how your program supports her school. Linda M. – Sacramento

My son’s teacher was so impressed with his improved attitude and focus that she actually called me to compliment him on it. Jennifer L. – Roseville

I was amazed at the enthusiasm and teaching skills of your staff. The kids had a great time learning valuable safety skills. Ken C. – Elk Grove

ALL PROCEEDS RAISED GO DIRECTLY TO

Girl Scouts Heart of Central California

The five week course includes a uniform and is only $49.00 (a $199 Value)

Please make checks payable to the organization named above.


This is not a Girl Scouts Heart of Central California sponsored event. Girl Scouts Heart of Central California accepts no liability or responsibility for this program.
WHERE SUCCESS STORIES BEGIN!

A great way to raise funds for your organization and help your child on their path to success.

HERE ARE SOME OF THE TOPICS WE COVER:

- How to develop and maintain a “whatever it takes” attitude
- Why it’s important to take responsibility for your actions
- How and why to develop self control
- When you use good manners, everybody wins
- How to avoid potentially dangerous situations
- Who to ask for help – teachers, parents, friends
- What to do if you get lost & basic introductory self defense

ALL PROCEEDS OF THIS FUNDRAISER GO TO SUPPORT YOUR ORGANIZATION:

Please make checks payable to the organization listed on the front of this flier.

LOCATIONS and TIMES:

For class times and to reserve your space, please call the Kovar’s Satori Academy nearest to you.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cameron Park</td>
<td>3008 Green Valley Rd.</td>
<td>(530) 672-1958</td>
</tr>
<tr>
<td>Carmichael/Sacramento</td>
<td>7520 Fair Oaks Blvd.</td>
<td>481-4830</td>
</tr>
<tr>
<td>Elk Grove/Laguna</td>
<td>9168 Franklin Blvd.</td>
<td>684-3283</td>
</tr>
<tr>
<td>Elk Grove/Waterman</td>
<td>9320 Elk Grove Blvd.</td>
<td>714-3390</td>
</tr>
<tr>
<td>Fair Oaks/Orangevale</td>
<td>8526 Madison Ave.</td>
<td>965-1561</td>
</tr>
<tr>
<td>Granite Bay</td>
<td>6085 Douglas Blvd.</td>
<td>791-7650</td>
</tr>
<tr>
<td>Natomas/Truxel</td>
<td>2063 Arena Blvd.</td>
<td>419-9878</td>
</tr>
<tr>
<td>Roseville</td>
<td>300 N. Sunrise Ave.</td>
<td>789-1133</td>
</tr>
<tr>
<td>Sacramento/Pocket</td>
<td>6429 Riverside Blvd.</td>
<td>391-0500</td>
</tr>
</tbody>
</table>

OUR CLASSES ARE FUN AND AMAZING THINGS CAN HAPPEN IN JUST FIVE WEEKS.

Instruction provided by Kovar’s Satori Academy with all proceeds going to the organization on the front of this flier. For more information about our programs visit www.Kovars.com.