

## Overnight Activities (Outdoor Sleeping)

# Packing List

This is a suggested list, please modify to fit the needs of your troop



### Clothes

- ☐ Short sleeve shirts or t-shirts\* (shoulders should be covered)
- ☐ Long sleeve shirt
- ☐ Shorts\*
- ☐ Jeans or long pants\* (required for horseback riding)
- ☐ Closed toe shoes (1 pair)
- ☐ Socks\*
- ☐ Sweatshirt or hoodie
- ☐ 1-2 pairs warm pajamas
- ☐ 1 warm hat/beanie
- ☐ 1 bathing suit
- ☐ 1 hat with brim (i.e. ball cap)
- ☐ Underwear\* (panties, bras, undershirts)
- ☐ 1 warm jacket/coat
- ☐ 1 raincoat with hood

*\*Pack as many as needed for the duration of your trip and personal hygiene.*

### Toiletries

- ☐ Toothbrush, floss, and toothpaste
- ☐ Hairbrush and comb
- ☐ Face washcloth and bath towel
- ☐ Pads and/or tampons
- ☐ Medications  
(Include all prescribed medication, please pack in a separate bag labeled with camper name, age and dates—can be stored in vehicles and under supervision of caregiver/adult/troop leader)

*\*We recommend bringing soap, shampoos, lotions, etc. that have a light scent. Products with heavy scents attract bugs.*

### Bedding

- ☐ Pillow
- ☐ Sleeping bag (not slumber bag)
- ☐ Sleeping mat or air mattress
- ☐ Air pump for mattress
- ☐ 1-2 extra blankets
- ☐ Stuffedie or comfort item (optional)

### Not Required, but Nice to Have

- |   |   |
|---|---|
| <input type="radio"/> Book  | <input type="radio"/> Phone charger   |
| <input type="radio"/> Journal and Pens  | <input type="radio"/> Water/Wet Shoes   |
| <input type="radio"/> Coloring book or activity book                                | <input type="radio"/> Badgework or troop project                              |
| <input type="radio"/> Friendship bracelet thread                                    | <input type="radio"/> SWAPS/SWAP making supplies                              |
| <input type="radio"/> Situpons or camp chairs                                       | <input type="radio"/> Portable battery pack                                   |
| <input type="radio"/> Laundry bag   | <input type="radio"/> Baby wipes  |
| <input type="radio"/> Wristwatch  | <input type="radio"/> Disposable camera                                       |
| <input type="radio"/> Troop shirt or sweatshirt/bandana/Uniform vest or sash        | <input type="radio"/> Biodegradable dish soap and bleach or sanitizer tablets |
| <input type="radio"/> Printed driving directions                                    | <input type="radio"/> Letter writing materials (self addressed with stamps)   |
| <input type="radio"/> Sunglasses  |   |
| <input type="radio"/> Outdoor necessities (pocket knife, fanny pack, compass, etc.) |   |

### Additional Items

- ☐ Insect repellent (recommend 30%+ DEET)
- ☐ Lip balm
- ☐ Backpack or day pack
- ☐ Kleenex
- ☐ Reusable water bottle (recommend 12oz+)
- ☐ Flashlight or headlamp (fresh batteries)
- ☐ Sunscreen
- ☐ Troop paperwork (permission forms, health forms)
- ☐ Mess kit or dish set (dollar store plastic plates, cups and cutlery work great!)
- ☐ Tents (including stakes, rain fly etc.)
- ☐ Ground tarps