

Volunteers Packing List



Clothes

- ☐ Short sleeve shirts or t-shirts* (shoulders should be covered)
- ☐ Long sleeve shirt
- ☐ Shorts*
- ☐ Jeans or long pants* (required for horseback riding)
- ☐ Closed toe shoes (1 pair)
- ☐ Socks*
- ☐ Sweatshirt or hoodie
- ☐ 1-2 pairs warm pajamas
- ☐ 1 warm hat/beanie
- ☐ 1 bathing suit
- ☐ 1 hat with brim (i.e. ball cap)
- ☐ Underwear* (panties, bras, undershirts)
- ☐ 1 warm jacket/coat
- ☐ 1 raincoat with hood

**Pack as many as needed for the duration of your trip and personal hygiene.*

Additional Items

- ☐ Insect repellent (recommend 30%+ DEET)
- ☐ Lip balm
- ☐ Backpack or day pack
- ☐ Kleenex
- ☐ Reusable water bottle (recommend 12oz+)
- ☐ Flashlight or headlamp (fresh batteries)
- ☐ Sunscreen

Bedding

- ☐ Pillow
- ☐ Sleeping bag (not slumber bag)
- ☐ 1-2 extra blankets
- ☐ Stuffedie or comfort item (optional)

Toiletries

- ☐ Toothbrush, floss, and toothpaste
- ☐ Hairbrush and comb
- ☐ Shampoo, conditioner, soap, lotion, and deodorant*
- ☐ Flip-flops or water shoes (for showering)
- ☐ 1 beach towel
- ☐ Face washcloth and bath towel
- ☐ Pads and/or tampons
- ☐ Prescribed medications

**We recommend bringing soap, shampoos, lotions, etc. that have a light scent. Products with heavy scents attract bugs.*

Not Required, but Nice to Have

- ☐ Book
- ☐ Journal and Pens
- ☐ Sunglasses
- ☐ Situpons or camp chairs
- ☐ Letter writing materials (self addressed envelopes with stamps)
- ☐ Dress up clothes for theme
- ☐ Portable battery pack
- ☐ Outdoor necessities (Pocket Knife, Compass, Fanny Pack ect.)
- ☐ Baby wipes
- ☐ Phone charger
- ☐ Mess kit or dish set (dollar store plastic plates, cups, and cutlery work great!)
- ☐ Wristwatch
- ☐ Water/Wet Shoes
- ☐ Printed driving directions

