

**PURPOSE of the GSHCC Rose Award :** To enable girl scouts to achieve competence in a wide variety of areas while heightening awareness of themselves, their community and the world around them.

### Eligibility:

- Registered Girl Scout
- All requirements must be completed after graduating 8<sup>th</sup> grade and by September 30 after graduating high school.
- Each activity or badge may be used to fulfil only one requirement

### Submission Process:

1. Complete the GSHCC Rose Award Workbook
2. Obtain three letters of recommendation.
3. Email completed workbook and three letters of recommendation to [awards@girlscoutshcc.org](mailto:awards@girlscoutshcc.org).
4. Girl scouts should receive confirmation that their submission was received. It can take up to two weeks for submissions to be reviewed, girl scouts will receive a notification if they have received the award and/or if further documentation is needed.
5. Workbook and recommendation letters must be submitted by September 30 following graduation from high school.

### GSHCC Rose Award REQUIREMENTS:

#### 1. Service:

- a. First, complete *Prepare 28 Ready* training.
- b. Serve as the director or a member of an event planning committee for two Girl Scout Events.
  - One recruitment or 'Bring a Friend' event
  - One event supporting Girl Scouts in your area
- c. Participate in a community service project for an organization other than Girl Scouts.

#### 2. Out-of-Doors:

- a. Complete one of the following:
  - Spend six days (cumulative) with your troop or other high school aged group doing outdoors activities
  - Earn two outdoor badges
  - Attend at least one session of sleep away camp, a GSHCC expedition program or a GSUSA outdoor focused destination.
  - Earn the Counselor-In-Training leadership award.
- b. Complete one of the following:
  - Participate on a team or in an individual sport for at least one season
  - Participate in a school spirit organization supporting athletics in your school or community.
  - Attend at least five sporting events for at least two different sports.

#### 3. Independent Living Skills:

- a. Earn one Entrepreneurship Badge or Patch Program
- b. Earn one Life Skills Badge

#### 4. Creative Activities:

- a. Complete one of the following:
  - Take performing arts lessons for a minimum of one school term culminating in a recital or public performance.
  - Create and exhibit three finished pieces of artwork at a fair, community art show or with your troop members.
  - Take a course in a visual art and share your knowledge with others
  - Visit or attend a performance of at least three of the following: Symphony, Music Production, Dance Production, Theater Production, Independent Film Festival, Art Gallery or Opera

### 5. Well-Being:

- a. Complete one of the following:
  - Complete a first aid training course
  - Earn the First Aid Badge
- b. Complete one of the following:
  - Earn 'Showing Up for Me and You' Mental Wellness Patch
  - Earn the Body Appreciation Badge

### 6. International Friendship:

- a. Complete one of the following:
  - Be involved in an international event at a troop, service unit, or council level.
  - Apply for and go on an international GSUSA Destination
  - Become acquainted with an exchange student or a visitor from another country and learn about their culture.
- b. Research the World Association of Girl Guides and Girl Scouts is and who belongs, the location of the 5 WAGGS World Centers, and the purpose of the Juliette Gordon Low World Friendship Fund.

### 7. Promise and Law:

- a. Re-examine each part of the Girl Scout Promise and Law and reflect on what they mean to you by answering the following questions or creating an artistic piece reflecting your relationship with the Girl Scout Promise and Law:
  - How are the Girl Scout Promise and Law relevant to you and your life?
  - Describe one example of how the Promise and Law, and their suggested code and behavior, helped you to make a difficult decision?
  - Describe how Girl Scouts has influenced your understanding of yourself and others

### 8. Career Exploration: Explore, through personal interview or research, four jobs that require different levels of training.

- a. Explore two careers that require an associate, bachelor or graduate degree.
- b. Explore two careers that require training given at a vocational school, apprentice program, or other specific skill-related training.

### 9. Adult Roles in Girl Scouting:

- a. Interview a professional in Girl Scouting (other than a family member) and learn about their job in more detail.
- b. Interview a volunteer in Girl Scouting (other than a family member) and learn about their responsibilities in more detail.
- c. Attend a meeting of one of the following: service unit leaders, service unit team, council delegate assembly, council board of directors, or council board committee.

### 10. Character Endorsement

- a. Ask three adults in your life for a character reference letter.