

Life Skills • Daisies

Badge Blueprint



Sunny Petal

Purpose: This petal teaches Daisies to be friendly and helpful.

Step 1: Learn what “friendly” and “helpful” mean.

Discuss what you think it means to be friendly and helpful. Think of a time when someone was nice to you—what did the other person do or say that made you feel happy and welcomed? As a group, come up with words and actions you can use to be friendly and helpful to others. Some examples could be to say hi, ask someone how their day is, see if someone needs help, say thank you, raise our hands, smile, shake hands, draw a picture and more. Practice some of these as a troop.

Step 2: Take action!

- Research firefighters, police officers or school nurses and see how they keep people safe.
- Afterwards, create an action plan to practice being friendly and helpful by doing three extra good deeds in the following week.
- Talk to your family or friends how it felt to do something nice. Did anyone do or say something nice back to you? If so, how did you feel? How can you continue to practice being friendly and helpful?

Congratulations! You have now earned this Petal!

Remember, the Volunteer Toolkit Online has more activities to explore and is a great resource for planning meetings.