

Life Skills• Junior

Badge Blueprint



Social Butterfly Badge

Purpose: Girls often find themselves in a group or situation in which they are unsure of how to act. It happens to everyone! While working on this badge, girls have fun practicing their social styles and good manners helping them become comfortable in any situation.

Step 1: Hold a conversation

Talking with our friends can be easy, but sometimes we have difficulties when talking to new people. To help, practice conversation starters. Create a list of 10 questions you can use to start a conversation. If you need help, ask an adult for input or get permission to do some research online or at a library. When coming up with your questions, think about different situations you might have. Sometimes you will talk to a new person, a group of new people, adults and more. When you have your questions ready, find someone who will role-play and see if you can keep the conversation going.

Step 2: Use table manners

Sometimes we don't always have the best table manners or when we do, we feel uncomfortable because we don't use them very often. Individually or as a troop, come up with at least five things we should not do at the table. For each thing we should not do, come up with a positive substitution. One example is to not use your phone. Instead, try starting up conversations in between bites of food.

Step 3: Be prepared for special occasions

Each special occasion has rituals. Individually or as a troop, come up with a list of special occasions like a wedding, surprise birthday party, retirement celebration, coming of age ceremony and more.

Have the girls pick one and answer the following questions:

1. Why is the ceremony or event held?
2. What important rituals are in the ceremony?
3. How should you dress?
4. What's one helpful skill you should know before attending?
5. When is the occasion usually held?
6. Is there something especially nice to say to the host or guest of honor?

Remember, the Volunteer Toolkit Online has more activities to explore and is a great resource for planning meetings.



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Step 4: Say thank you

When you receive a gift or are invited somewhere, it's always good practice and manners to say thank you. For this step, make thank-you notes you can use to thank your future host. When done, challenge your troop to each write three thank-you notes in a month. Think of the people you can thank—maybe a parent, leader, teacher, coach or even a friend. Include in your note why you are thankful.

Step 5: Practice being at ease

It's time to put your skills to the test by hosting a party! Come up with a theme and get your invitations ready, invite a member of your family to your party and practice being at ease. During your party make introductions and conversations. Show good table manners and don't forget to thank your guests for coming.

Congratulations! You have now earned the Social Butterfly Badge!

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